

CJGA LINKSTER AND ELITE CLINICS

The Linkster and Elite Clinics are endorsed by the Canadian Junior Golf Association.

These clinics are intended to be fun and encouraging with focus on the fundamentals.



LINKSTER 1 CLINICS (5-7 YEARS)

- 5:1 Ratio
- 4 - 1 hour sessions
- One parent must be present
- Children use SNAG equipment
- Conducted by CPGA Staff

Session 1: Saturdays – May 7, 14 & 28

Session 2: Saturdays - June 4, 11, 18 & 25

Session 3: Saturdays - July 9, 16 & 23

Session 4: Saturdays - August 6, 13, 20 & 27

Time: 9:00 -10:00 a.m.

Cost: **\$80/4 Class Session**

\$60/3 Class Session

LINKSTER 2 CLINICS (8-10 YEARS)

- 5:1 Ratio
- 4 - 1 hour sessions
- Emphasis on the fundamentals
- Conducted by CPGA Staff

Session 1: Saturdays – May 7, 14 & 28

Session 2: Saturdays - June 4, 11, 18 & 25

Session 3: Saturdays - July 9, 16 & 23

Session 4: Saturdays - August 6, 13, 20 & 27

Time: 10:00 -11:00 a.m.

Cost: **\$80/4 Class Session**

\$60/3 Class Session

ELITE JUNIOR CLINICS

These clinics focus on the more competitive golfer. Instruction will be more intensive in nature while juniors become tournament ready.

- 4:1 Ratio
- 4 - 2 hour sessions
- Game assessment
- Video Swing Analysis
- Specific drills and practice routines
- Course Management
- Lesson summary and recaps
- Conducted by CPGA Staff

Session 1: Tuesdays May 10, 17, 24 & 31

Session 2: Tuesdays June 7, 14, 21 & 28

Session 3: Tuesdays July 5, 12, 19 & 26

Session 4: Tuesdays August 2, 9, 16 & 23

Session 1: Thursdays May 5, 12, 19 & 26

Session 2: Thursdays June 2, 9, 16 & 23

Session 3: Thursdays July 7, 14, 21 & 28

Session 4: Thursdays August 4, 11, 18 & 25

Time: 4:00 – 6:00 p.m.

Cost: **\$225/Session**

The Golf Academy provides the environment necessary to foster positive learning and growth for golfers of all ages and skill levels.

For more information on private lessons, semi-private lessons or clinic programs please contact our Director of Instruction, David Fritz at dfritz@standrewsvalley.com or at **647-289-1964**.

You may also contact the Golf Shop at 905-727-7888 or view the programs online at standrewsvalley.com



ST. ANDREW'S VALLEY
GOLF CLUB

LESSONS & CLINICS

WITH

DAVID FRITZ

DIRECTOR OF INSTRUCTION



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DAVID FRITZ
 Director of Instruction
 St. Andrew's Valley
 Golf Club

David is a CPGA Class 'A' Professional with over 20 years of progressive experience in the golf industry. David's experience stems from some of the finest private clubs in the Greater Toronto Area including Magna Golf Club and Granite Golf Club. In this time, David has had the opportunity to work with renowned instructors and has developed a solid teaching philosophy and methodology. David is committed to providing a positive learning environment and experience for all students while improving all aspects of their game. Students will welcome David's warm personality and passion for the game of golf.



TEACHING PHILOSOPHY

"There are no two golf swings exactly alike. We all have different body types, shapes and physical limitations that make you-you. The Golf Professional will adapt to what you bring to the table and work with you as an individual. Golf lessons are tailored to you."

PROGRAM OBJECTIVES

- To enjoy the learning the process
- To enhance your enjoyment of the game
- To identify your strengths and weaknesses
- To understand the how's and why's of what you are learning from the program
- To provide a plan necessary to accomplish your goals
- To shoot your best score and lower your handicap

2011 INSTRUCTIONAL PROGRAMS AND RATES:

COACHING PROGRAM - \$395

- 5 hours of instruction
- Game assessment
- Video Swing Analysis
- Specific drills and practice routines
- Course Management
- Lesson summary and recaps

PRIVATE 1 HOUR - \$90

- Video Swing Analysis
- Specific drills and practice routines
- Lesson summary and recap

PRIVATE ½ HOUR - \$55

- Specific drills and practice routines
- Lesson summary and recap

SEMI - PRIVATE 1 HOUR - \$55

- 2:1 ratio
- Video Swing Analysis
- Specific drills and practice routines
- Lesson summary and recap

SEMI - PRIVATE 1 HOUR - \$45

- 3:1 Ratio
- Video Swing Analysis
- Specific drills and practice routines
- Lesson summary and recap

GAME ASSESSMENT - \$75

The Game Assessment is a 45 minute evaluation that will outline the strengths and weaknesses of your golf game. A detailed report will be provided that can be used to establish starting points for future development and improvement.

LADIES INSTRUCTIONAL CLINICS:

The Ladies Instructional Clinics are a great way to improve your long and short game skills. Impress your playing partners in 2011 and sign up for a session today.

- 5:1 Ratio
- 4 - 1 hour sessions
- Conducted by CPGA Staff

Session 1: Mondays May 9, 16 & 27

Session 2: Mondays June 6, 13, 20 & 27

Session 3: Mondays July 11, 18 & 25

Session 4: Mondays August 8, 15, 22 & 29

Time: 3:30 - 4:30 pm & 5:00 - 6:00 pm

Cost: **\$125/4 Class Session**

\$95/3 Class Session

JUNIOR INSTRUCTION:

Special rates for juniors have been established to encourage more participation and foster junior golf development. Our primary goal is to create a fun and enjoyable learning experience.

JR. COACHING PROGRAM - \$350

- 5 hours of instruction
- Game assessment
- Video Swing Analysis
- Specific drills and practice routines
- Course Management
- Lesson summary and recaps

JR. PRIVATE 1 HOUR - \$75

- Video Swing Analysis
- Specific drills and practice routines
- Lesson summary and recap

JR. PRIVATE ½ HOUR - \$50

- Specific drills and practice routines
- Lesson summary and recap